

Sessional Youth Worker (Training Kitchen and Cooking) at Empower Youth Zones

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Company: manchester community central

Location: United Kingdom

Category: other-general

Empower Youth Zones is the umbrella charity that currently oversees operations of the award-winning youth charity based in Manchester, HideOut Youth Zone, which opened in 2020.

HideOut Youth Zone has supported over 7,000 children and young people since it opened, offering a dynamic youth provision that is open 7 days a week (including school holidays).

HideOut's state-of-the-art building provides young people with somewhere safe to go, something positive to do and someone trusted to talk to, with facilities that include a 3G pitch, climbing wall, gym, sports hall and recreation area, and dance, arts, music and media suites.

Due to the success of HideOut Youth Zone, Empower Youth Zones has been granted the opportunity to open another Youth Zone within Greater Manchester – Salford Youth Zone (known officially as SYZ).

The two Youth Zone's will sit within the Onside network; a growing number of Youth Zone's across the UK which are funded, built, supported and launched by the national charity, Onside.

It is Empower Youth Zone's vision to ensure all young people grow to lead happy, healthy, safe and successful lives.

Cooking, the food we eat and how it's influenced by family, cultural and community values, is at the heart the Youth Zone. Empower Youth Zones provide a free meal for every young person when they attend session, but Empower Youth Zones think it's more important to

teach young people how to cook a healthy meal for themselves.

You will be involved in teaching the fundamentals of cooking, health and safety alongside hygiene awareness. This could be making cookies and Pitta Pizza's with the juniors or cooking a three-course meal with the seniors or working with young people to understand the importance and impact of nutrition. Empower Youth Zones love to embrace all cultures in their cooking sessions and to help members explore all different types of cuisine whilst teaching the importance of budgeting and healthy lifestyles.

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Contract Type: Contract Term: Hours: Various contracts available Salary: £12 per hour

(Real Living Wage) Location: Deadline: 10 May, 2024 - 00:00 Shared Topic Areas: Young People

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