

## Wellbeing and Activities Coordinator - 20 hours per week

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Company: Four Seasons Health Care

Location: Rochester

Category: other-general

### Wellbeing and Activities Coordinator

We have a fantastic opportunity to join our Magic Moments Team. We believe in living life to the full. That's why we are so passionate about supporting residents to participate in vibrant, stimulating activities. We call them: 'Magic Moments'. Our Magic Moments programme encourages all-round wellbeing with a range of **vibrant interactions** to stimulate the **Mind, Body and Soul**. The Magic Moments team are key to helping our residents lead fulfilling lives, ensuring that their interests and needs are met, whilst allowing for their varying levels of physical and mental ability. Part of your time as a Coordinator will be spent getting to know our residents and their families before creating personalised activities programmes focused on boosting everyone's wellbeing, independence and social engagement.

#### **We offer a great range of benefits, which include:**

Competitive salary

Various shifts available

Free meals

Access to excellent training

Career development opportunities

Discounts and benefits suited to your lifestyle

Free onsite parking

Free uniform

NEST work place pension contributions

Long service awards

**As a Wellbeing and Activities Coordinator, you will:**

Inspire and motivate residents to take part in meaningful engagements.

Assist in the assessment of the needs of the residents, through meeting with them, team members and family members

Build relationships with residents and families to gather life story information and ensure care plans and activities are developed and updated accordingly

Spend individual time with residents, care staff and relatives to create personalised activities that engage our residents and reflect their interest and hobbies

Support providing stimulation and to residents that meet their individual needs through a wide and varied activities programme including music, exercise and arts & crafts

Be creative with further activities to push the boundaries of the typical activity programme.

Assist in developing community links with local groups and arrange trips and excursions with varied destinations and purposes to involve as many residents in activity outside the Home

Support in the roll-out of the Magic Moments initiatives and encourage others to be involved

Complete evidencing and tracking activity documentation via digital and written methods

**To succeed you will be:**

Confident to deliver group and 1 to 1 activities

A team player who engages well with others

A strong communicator

A genuine interest in promoting independence and life style opportunities for the elderly

Energetic and hard-working

Knowledgeable of basic IT Skills

Flexible and adaptable to change

Passionate about offering superior services and want to make a difference

A glass half full person, with a sense of humour and a positive outlook

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