

## Yoga Group Exercise Instructor

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Company: Virgin Active

Location: London

Category: other-general

Here at Virgin Active we can't get enough of inspiring our members to live an active life, delivering amazing fitness experiences and service throughout our clubs. To do this, we recruit the very best Yoga Instructors.

As a Yoga Instructor, your passion for Yoga and group exercise will shine through in your classes, inspiring our members to get moving, and get inspired. You will support our teams in driving growth, occupancy, and Virgin Active's reputation as a world class group fitness concept.

### **About You**

So what qualities does a Yoga Instructor need to join Virgin Active?

You have at least an NVQ Level 3 in Fitness or a recognized instructor qualification

You have an accredited 200 hour Yoga Teaching Qualification

You have a minimum of 250 face to face teaching hours in a group class environment

You can coach and motivate our members in your Yoga classes

You achieve agreed targets, of class occupancy and instructor ratings from our members

You love people, and can advocate a culture where the yoga community become raving fans of Virgin Active

You take on constructive feedback from club staff and are always looking for ways to learn and improve, to inspire people while having fun and doing the right thing

When teaching in a Virgin Active club, you will help the team, you will always be yourself, and work hard. Most importantly, you dream big

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